

CCA BEACON

A Newsletter to inform you on what's going on in CCA

June/ July 2010

Wet and wild, with Wind and Sea



On Father's Day, May 20th, 35 intrepid CCA staff went sailing on what was the wettest day of the year so far. Canouan needs the rain and it hardly stopped but that did not spoil a great day out.

The Union Island Company 'Wind and Sea' sent over their second largest catamaran, Sun Spirit. She is 64' in length with a huge covered seating area. It was decided it was too wet for the Tobago Cays so a course was set for Mayreau instead. If you close your eyes and imagine a Caribbean beach then Salt Whistle Bay on Mayreau hits the mark exactly and this is where the captain anchored the yacht for people to swim, beach comb and lunch on board.

There was plenty to eat and drink and lots of fun. Thanks to CCA for organising and subsidizing the outing and thanks too for everyone who brought or helped with food and drinks.

Everybody had a very happy, rather damp, Father's day.



A dream come true



Villa 31, "Il Sogno" was completed and handed over right on time in May. The owners who followed the building process very closely are very pleased. From its wonderful position it offers superb views both looking West over Mahault Bay and on Carenage Bay and the Reef on the other side. The villa is made up of a series of 11 separate, luxurious units some for living, eating sleeping or playing. There is for example a Media room, a Children's' booth and wonderful living room.

The cottage like units are linked together by two pools, landscaped garden and a two storey gazebo. The materials used are the finest available and the finished effect of china, marble, and natural stone contrasted against fine hard woods and lush vegetation is stunning. The villa is one of CCA staff's most spectacular projects to date.

Don't underestimate the achievement. When you are pushing hard to complete something as complex as the construction of this villa you can naturally become absorbed in the detail and loose sight of the accomplishment. To design, procure materials, build and landscape on schedule, to such exacting standards, such an assignment on our little island set in the Caribbean Sea is something very special. We do it every day and we do it very well but we should take a moment to congratulate ourselves on a really professional job.

Perhaps the greatest tribute should go to Bob Tudisco and his team for going that extra mile. What a team. Well done everybody!

Here some pictures of construction and finish process.



Living Room- during the construction process, and finished.



The wonderful Gazebo with views over Caranage Bay and across the whole island



Dining Room



Media Room and Pool Bar- during the construction process, and finished.



Hurricane awareness month

You should have a hurricane plan for home and work as the hurricane season has started and an active one has been forecast.

A hurricane watch indicates the possibility of a hurricane within 36 hours and a hurricane warning is issued 24 hours before a hurricane. However, sometimes less warning is given and in some circumstances as little as a few hours warning is possible. CCA is monitoring the weather daily and in the event of a storm warning a CCA emergency operations centre will be established to prepare and secure sites and property, assist staff and assess damage.

You should liaise with your Head of Department and you should decide on necessary measures to secure your home. Prepare now by making a plan of action for you and your family's safety. Get the materials and basic and essential items you need today rather than wait for a hurricane watch or warning when items may no longer be available.

Its time now to:

- Decide if you should evacuate and where you should proceed
- Prepare an evacuation kit
- Make plans to secure your property, obtain strong tape, boards or shutters for doors and windows
- Inspect your roof and install straps or clips to secure it if necessary
- Trim trees or shrubs near your home
- Strap down/remove loose items near your home.

- Prepare an emergency kit
- Decide on and have the materials at hand to make a safe room
- Secure valuable and important documents
- Store some extra food and water and medications.

You will find advice and further information in the hurricane guide circulated by email so please print a copy and read it.

Canouan Cultural and Sports Club



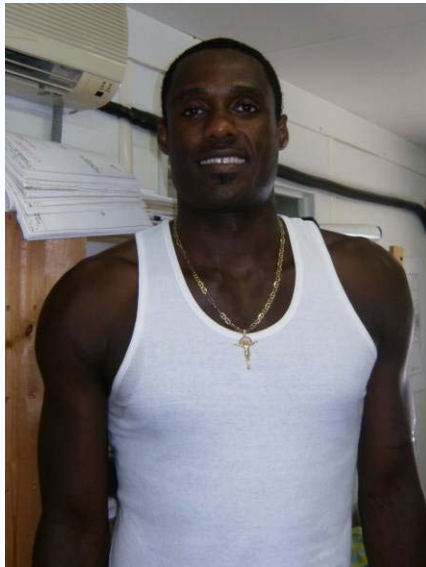
Mac Olivierre, the President of the Canouan Cultural and Sports Club, has been busy organizing several activities during the summer. He had a Games Evening on May 16th on the Hard Court with the very popular May Pole Dancing where locals joined together in this very old traditional dance, and a Sea and Beach Day on June 6th in Grand Bay with CCA help and support.



Mac's idea and wish is to bring back the simple old games and the community spirit with them. He has also organized a Father's Day party with Domino Match, Cricket, Talent Search at the beach, and CCA helped again with materials.

Former CCA Basketball star

Alexas Foyle who worked for CCA Maintenance Dept. back in 1994/96 and now a famous professional basketball player stopped to greet Mrs.Korach on his brief visit in Canouan.



Originally from Canouan, he attended BWUH College in Hawaii where he played for 2 yrs. He then played the NBA with Denver Nuggets, and in France. In Taiwan this year he scored an average of 24 points per game and in July he was back here to play for the National Team winning the OECS Championship (Dominica, St.Lucia, St.Vincent and Grenada). He was MVP (Most Valuable Player) of the league, and plans to play next season in China or Japan.

Chef Didin's recipe



Chef Didin Karhudin
Tamarind Beach Hotel

Many people have asked Didin about Caesar Salad, so here is his recipe.

Caesar salad

Ingredients (for 4):

Roman lettuce
Bread croutons

For the dressing:

Mayonnaise, 32 oz
Anchovy fillet 5
Garlic chopped, 2
Parmesan grated, 2 tbs
Lime juice squeeze, 2
Worcester sauce, 2 tbs
Warm water, 5 ml

Blend the anchovies, garlic, and parmesan cheese. Add to the mayonnaise, then add lime juice and warm water.

Toss the salad with crouton, and add Parmesan shaves on top. You can add grilled chicken breast strips to compliment it.

Buon Appetito!!

Dengue Fever Information

DENGUE FEVER

This is a disease caused by a family of viruses that are transmitted by Mosquitoes.

Signs and symptom

The 3 main Signs are:

- Rash – in the face or on the body
- Fever – this rises quickly to about 104 (40 degrees)
- Headaches and other joint, muscle
- or Pains about the body

However it may include:

- Exhaustion
- Swollen glands
- Chills, cough, runny nose, loss of appetite
- Pain upon moving the eye

It may take up to 5 to 8 days before symptoms appear and incubation period is 3 to 15 days

Sometimes Dengue Fever turns into Dengue Hemorrhagic Fever, which causes bleeding from your nose, gums

or under your skin and abdominal pain. It can also become Dengue Shock Syndrome, which causes massive bleedings, shock and circulatory collapse. These forms of dengue are life-threatening.

Prevention - Infected patient should be isolated or kept in a mosquito net until they are no longer contagious, so that the mosquito cannot get to bite that person and thus spread the virus.

Here are some other ways to lower the risk of Dengue Fever:

- Empty all containers, flower pots, tires etc of stagnant water
- Wear long pants and long sleeve shirts
- Use mosquito repellants and mosquito nets
- Spray your home regularly

CCA SCHOLARSHIP PROGRAM FOR SECONDARY SCHOOL STUDENTS

We are please to offer once again scholarships for children of CCA Employees to attend Secondary Education.

The student must have pass the Common Entrance Examination, and be Vincentians National.

Please contact HR office for more information and the application form.

CCA AND THE COMMUNITY

CCA will sponsor the CANOUAN CARNIVAL

29th July
Carnival Lime/Status Fete

30th July
Night Mas

31st July
Miss Rural SVG

1st August
Water World

2nd August
J'Ouvert & Street Party

CCA CLASSIFIED

New Employees at CCA

Hunter Ringrose – Feasibility Studies

Melanie Powers- Administrator
Maintenance

Welcome onboard

August Birthdays

Giorgio Colobicchio - 2nd
Colville Tucker, Warehouse - 18th
Melvin Velandres- 29th
Esmond Ryan- 31st
Hunter Ringrose- 31st



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